

# Simple Knitted Teddy Bear

(Attributed to Patricia Smith)

We are looking for knitted teddies to give to patients to cheer them up during their hospital stay or to sell to raise money for Voluntary Services which can then be spent on patients.

## Knit pattern:

Use any yarn and choose appropriate needles.

Teddy can be knitted all in one colour, or change colours to give him a jumper and/or trousers.

The whole bear is knitted in one piece and folded in half and sewn up. It is knitted in garter stitch.

**Legs:** Cast on 8 stitches knit 16 rows (garter stitch).

Break off yarn and make another leg.

**Body:** knit across both legs (16 sts) and knit 15 more rows.

**Arms:** Cast on and knit 8 stitches at the beginning of the next 2 rows.

Knit 6 more rows.

Cast off 8 stitches at the beginning of the next 2 rows.

**Head:** knit 38 rows.

**Arms:** Cast on and knit 8 stitches at the beginning of the next 2 rows.

Knit 6 more rows.

Cast off 8 stitches at the beginning of the next 2 rows.

**Body:** knit 16 rows

**Legs:** knit 8 stitches( put the other 8 on a safety pin) turn and knit another 15 rows, cast off.

Second leg: pick up the remaining 8 stitches and knit 16 rows for the second leg. Cast off.

Make up teddy and stuff with approved toy stuffing.

Sew on a smiley face.

Stitch across the corners of the head to make the ears.

You could draw up a schematic to mark off the changes for the colours of the pants and jumper. You can also stitched half the sleeve and added 3 rows of white to make the hands (paws).



Please bring any knitted hats to Voluntary Services in main reception level 2 Craven Road or contact us on [Voluntary.services@royalberkshire.nhs.uk](mailto:Voluntary.services@royalberkshire.nhs.uk)